# 四旬期第一主日

18/02/2024

耶稣接受了圣神的催促而到旷野去,为自己的公开生活作最后的准 备:他服从上主而在旷野中守了四十昼夜的严斋和祈祷,按照天父的计 划宣讲天国。在耶稣公开生活的开始时,上主已经是他整个行动的总策 划、总指挥。他要人悔改、信从福音。彩虹是一个"标记",是我们和 天主所立的盟约。"立约"表示我们和天主有一种密不可分的关系,并 在天主内,我们和大地、万物之间亦有一种密不可分的、好像交织在一 起的关系。在这关系中,天主要作我们的主,我们要作他的子民。

# 和平之后天主堂

堂区通讯

**每月第三主日第二次捐献**:为教区关怀基金筹款,以帮助有需要援助的 人。请大家慷慨解囊。你可以选择定期捐献,请上网catholicfoundation.sg 了解详情。

通告: 欢迎 Brother Karel Anak Tingang, 他是来自文莱教区, 是圣方济 大修院第七年学期修生。他将在星期五、六、日的早上在本堂服务。

英语苦路礼仪: 在四旬期期间, 从3月16日(星期五)起, 12.15 pm 和 6.30 pm 弥撒后进行。

**通告 — 征求义工:本堂急于征求义工**负责义卖会摊位,日期/时间:星 期六 3.30 - 7.00 pm, 星期日 8.30 am - 12.30 pm。有兴趣者, 可联络 秘书处。

本堂2024年新年联欢会/新春团拜:日期:2月18日(星期日,正月初 九), 时间: 9 am - 12.00 noon, 地点: 圣母楼 (House of Mary) 2楼 礼堂。节目:捞鱼生、早餐、歌唱、游戏、幸运抽奖等。爱心奉献:每 人 \$10,6岁以下孩童免费。敬请已经购票的兄弟姐妹们准时出席,共聚 一堂欢度新春!主办:堂区华文委员会。**通告:**请在当天参加新年团拜 活动的教友们, 在 8.30 am 华语弥撒后移开你的汽车, 以让参加英语弥 撒的教友们有车位停车。请停放在附近的停车场。谢谢你的通力合作。

教委2024四旬期宣道会:主题:如何在克制、服侍、遵行、宽恕和补赎 中, 为圣言作见证。日期:2月21日~3月20日, 每个星期三, 时间: 7.45pm~9.45pm; 地点:圣雅丰索堂, 2月21、2月28日、3月6日;圣伯 纳德堂, 3月13日和 3月20日。鼓励教友或还未信主的朋友参与, 让我们 在四旬期间,准备圣洁的心灵,更新生活,为圣言作证。

2024年四旬期反思手册:主题:为圣言作见证(Giving Witness to the Word) 请上网 one.org.sg 下载。欢迎使用反思手册,成为圣言的见证者。 教委网页: https://acams.org.sg/acams/index.php 查询教区最新消息。



#### CHURCH OF OUR LADY QUEEN OF PEACE

4 Sandy Lane, Singapore 437321 www.queenofpeace.sg Secretariat: 6744 2879 Email: admin@queenofpeace.sg

Parish Priest : Fr Timothy Yeo 6744 0347

padre\_tim@queenofpeace.sg

Assistant Priest: Fr Francis Lee 6744 2397

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#### **MASS SCHEDULES**

Saturday Sunset: 5:00pm

: 7.30am (Mandarin), 9:15am, Sunday

11am and **5.00pm** (English).

Weekdays : **12:15pm** & 6:30pm

Public Holiday : 9:00am.

#### Novena Devotion:

Saturday at 4:15pm.

**Sacred Heart Devotion:** 

1st Friday of the month at 8pm

**Adoration Room**:

Open/Close: 10am to 9pm

### Readings

# Sunday

18 Feb Gen 9:8-15 1 Pt 3:18-22 Mk 1:12-15

# Monday

19 Feb Lev 19:1-2. 11-18 Mt 25:31-46

#### Tuesday 20 Feb

Is 56:10-11 Mt 6:7-15

#### Wednesday

21 Feb Jona 3:1-10 Lk 11:29-32

#### Thursday 22 Feb

1 Pt 5:1-4 Mt 16:13-19

#### Friday 23 Feb

Ez 18:21-26 Mt 5:20-26

#### Saturday 24 Feb

Deut 26:16-19 Mt 5:43-48

# Overcoming temptation with God

What can we find in the wilderness? The gospel only mentions that there were wild beasts. Why did Jesus go to the desert? Before He started His mission, Jesus needed time and space where He could be alone with God the Father. He wanted to learn from Him what and how the mission that was entrusted to Him should be done. In the wilderness, Jesus prayed, receiving strength to follow God's will. However, He was also tempted to use extraordinary powers to be more successful in the eyes of the world. Despite the struggle, He did not listen to the voices of the temptations and chose to submit Himself to the Father's will.

That is why He taught us, in the Our Father prayer, to ask God not to let us fall into temptation, to give us the strength to be faithful to Him, and not to follow the alluring values of the world. Jesus knows by experience what it is to be tempted and how to persevere in God's ways by being united to Him in prayer.

# Reflective question:

Do I hold on to God and listen more to Him than myself in moments of temptation?

\*Prayer for Living for Liturgical Year B by Verbum Dei Missionaries, Singapore

First Sunday of Lent 

Year



The Office for the New Evangelisation (ONE) has launched their annual Lent Reflection Booklet. Themed "Giving Witness to the

Word," we hope that this booklet will help prepare our hearts and minds for the Word this Lenten season, becoming witnesses of Christ's love. To download, please scan the QR code QR code or visit one.org.sg



#### Easter Vigil – Why it is different from other nights:

Date: 22 March 2024 (Friday) Time: 8:00 pm - 10 pm

Venue: La Salle House, 490 East Coast Road, Singapore 429058

Love offering: \$10 per student; \$20 per adult

Speaker Br Collin Wee FSC will cover in detail the "greatest and most noble of all solemnities" as it is on this night that the Church keeps watch

and celebrates the resurrection of Christ.

For more info/to register: <a href="https://forms.gle/6CQG2jPkHdDZg9768">https://forms.gle/6CQG2jPkHdDZg9768</a>

#### Holy Week Retreat / Paschal Triduum 28-31 March 2024 @LaSalle House

Drawn by a Love that will not let us go. We celebrate this Paschal Triduum by remembering the gift and witness his faithfulness in this total act of self-giving. In the process, we hope to discover the meaning and relevance of his passion, death and resurrection in our lives.



This is a stay-in & silent retreat facilitated by Cenacle Srs & Team.

### Worldwide Marriage Encounter Singapore turns 45 this year!

Kicking off our celebrations will be our 45th Anniversary Mass celebrated by His Eminence William Cardinal Goh. The mass will be on 22 May 2024 (Wed - Vesak Day), 10:30am, at Church of the Holy Cross.

All married couples celebrating their Milestone Wedding Anniversary (5, 10, 15, ..., 50 and beyond) this year are invited to sign up for the special segment of the celebration.

All other participating couples are also required to register for the WWMESG 45th Anniversary Mass celebration via tinyurl.com/wwmesg45Mass

#### **GIFT** contributions

This weekend, being the 3rd weekend of the month, there will be a 2nd collection for Catholic Foundation's GIFT (Giving in Faith & Thankfulness) programme. GIFT is a regular giving programme to rally support for and fund the Archdiocese's organisations and initiatives for youth, evangelisation, catechesis, formation, and others.

Please drop your contributions or GIFT envelopes into the collection bags. Do consider signing up for a regular pledge, as it is the most reliable way of supporting the Church. Visit catholicfoundation.sg to contribute online or find out more.

# **Queen of Peace Parish**

#### Seminarian Brother Karel Anak Tingang

We welcome **Brother Karel Anak Tingang** from the Apostolic Vicariate of Brunei. Bro Karel is in his 7th year of formation at the St Francis Xavier Major Seminary. For his pastoral assignment he will be serving here from Friday afternoons to Sunday mornings.

"May the Holy Spirit help you to embrace the gifts you have to share with others"

# Silent Meditation before all weekend Lenten masses

The practice of meditation allows us to rest deeper in the truth, in the self and in the Mystery of God.

Silent Meditation begins **20 minutes** before all weekend Lenten masses.



#### Stations of the Cross

Every Friday after 12:15pm and 6:30pm Masses during Lent.



#### Children's Liturgy

There will be Children's Liturgy on: 24th Feb at 5.00pm Mass and 25th Feb at 11am Mass



### 33 Days to Merciful Love Group Retreat

Journey into the heart of St Thérèse of Lisieux's Little Way to uncover the power of trust, find the inspiration to become great saints in ordinary circumstances and prepare for a personal consecration to Divine Mercy.

Date: Sessions 1—4 from 26th Feb—1st April Consecration Day: 6th April (Saturday), eve of Divine

Mercy Sunday

From: AM Session 9.30—11.30am / PM Session 7.45—9.45pm

Venue: Church of Our Lady Queen of

Peace or via zoom

To register Scan QR Code

Contacts: Andrew 98623153 or Esther 97111923



Please drop off your empty CNY plastic cookie containers at the boxes located **outside the canteen for recycling.** 

#### Infant Baptism

Next scheduled infant baptism will be **Sat**, **6th April 2024**.

Please submit application form together with pre-requisite documents to Parish Office. For details, contact Parish Office at 67442879 or email: admin@ queenofpeace.sg for details

#### **Wedding**

Arrangements for a Church Wedding should be made at least 12 months in advance with the Celebrant. For enquires, email: admin@queenofpeac e.sg

# Funeral & Booking of Wake Hall

Please contact Secretariat re availability of Priests, Prayer Halls and Church before making arrangements for funeral Mass, cremation or burial.