

**常年期第四主日****01/02/2025**

今天的福音章节取自玛窦福音。我们听到主耶稣用一连串的真福来开始他的山中圣训。我们真正的谦卑就在于承认我们的一切都是来自天主的恩赐。现实生活告诉我们，如果不是有天主的帮助，我们完全没有能力自我实现，因为即使是我们个体的存在也不是完全由我们自己控制的。所以保禄宗徒很清楚地告诉我们，“凡要夸耀的，应因主而夸耀”。

真福八端把希望带给那些在生活中看不到希望的人。这些真福也挑战我们超越现世的生活，预见未来的状况，并积极着手改善现况。如果我们生活在天主内，与天主亲密共融，那么我们该当去活出真福八端的承诺。让我们反省自己能为哪一类匮乏的兄弟姐妹做出改善服务呢？让我们也意识到，只有在生活中与基督紧密共融，我们才能活出真福八端的精神。

**和平之后天主堂****堂区通讯**

**第一主日第二次捐献—圣文生互助会基金**：请大慷慨解囊。通告：达味楼2楼祈祷室在2月3日(星期二)安装冷气，将关闭一天。

**婴孩领洗**：将在4月11日(星期六)举行。你可在秘书处索取申请表格。

**农历新年期间弥撒**：2月16日(星期一/农历新年前夕)弥撒时间：12.15 pm(英语)，当天没有傍晚弥撒；2月17日(星期二/年初一)弥撒时间：8.00 am(华语)和 10.00 am(英语)；当天没有傍晚弥撒。弥撒中将分发柑橘。

**圣灰礼仪**：在2月18日(星期三/公定假日)9 am 和 12.15 pm 举行英语弥撒；当天没有华语弥撒。

**献耶稣于圣殿庆日(2月2日, 星期日一) 12.15 pm 和 6.30 pm 英语弥撒**：将有祝圣蜡烛。你可将装上蜡烛的手提袋/包装袋置放在祭台前的桌子。请在包装袋上写上你的姓名。请记得在弥撒后取回。

**收集旧圣枝**：你可将旧圣枝投入在餐厅前的箱子里。请不要投入包装袋/塑料袋，只需要投入旧圣枝。

**通告 - FORMED**：FORMED 是一个数码平台，无论你身在何处、处于灵修成长的任何阶段，都能随时支持你的灵修旅程。通过视频、音频、电子书和学习指南，深入认识天主教信仰的基础、圣事、圣经、圣人、死亡议题以及日常生活中的挑战。内容生动且具备坚实的神学基础，适合不同年龄层、灵修需要与人生阶段的人士。FORMED 已由本堂区订购，教友可免费使用，邀请大家上网注册。请参阅堂区周刊英文说明。

**教委2026四旬期宣道**：日期：2月25日 - 3月25日(五个星期三)，时间：7:45PM 开始；地点：圣雅丰索堂。主题：活出真我。形式：7.45 pm 苦路敬礼、8.20 pm 弥撒/宣道会。欢迎大家踊跃出席。2月25日：黄飞翔神父，讲题：停下‘追逐’的心。3月4日：彭志顺神父，讲题：放下比较的尺。3月11日：陈一强神父，讲题：信仰不是打卡。3月18日：张利勇神父，讲题：连接生命的源头。3月25日：黄财龙神父，讲题：对天主说“我愿意！”。

**CHURCH OF OUR LADY QUEEN OF PEACE**

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Parish Priest: **Fr Shaun Lim** 6744 0347  
shaun.lim@catholic.org.sg

Asst Parish Priest: **Fr Francis Lee** 6744 2397  
fsmlee@queenofpeace.sg

Asst Parish Priest: **Fr Cornelius Ching** 6747 4401  
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**MASS SCHEDULES**

Saturday Sunset Mass : 5:00pm

Sunday Mass: **7.30am (Mandarin), 9:15am, 11am and 5.00pm (English).**

Weekday Masses: **12:15pm & 6:30pm**

Public Holiday: **Mass at 9:00am.**

**Novena Devotion:**

Saturday at **4:15pm.**

**Sacred Heart Devotion:**

1st Friday of the month at 12.00noon & after evening mass except during Lent

**Adoration Room** :10am to 9pm

**Readings:****Sunday**

1 Feb  
Zep2:3;3:12-13  
1 Cor 1:26-31  
Mt 5:1-12

**Monday**

2 Feb  
Mal 1:1-4  
Heb 2:14-18  
Lk 2:22-40

**Tuesday**

3 Feb  
2 Sam 18:9-10  
Mk 5:21-43

**Wednesday**

4 Feb  
2 Sam 24:2, 9-17  
Mk 6:1-6

**Thursday**

5 Feb  
1 Kgs 2:1-4, 10-12  
Mk 6: 7-13

**Friday**

6 Feb  
Ecc 47:2-13  
Mk 6:14-29

**Saturday**

7 Feb  
1 Kgs 3: 4-13  
Mk 6: 30-34

**Walking the path of God**

We often value power, success, popularity, and wealth, but today's readings remind us that God sees things differently. In the first reading, the prophet Zephaniah encourages us to be humble and rely on God rather than our own strength. We often think we need to prove ourselves through success and recognition. However, true strength comes from trusting in God, rather than relying on our own abilities. In the second reading, St. Paul emphasizes that God chooses the foolish and weak by human standards to shame what the world considers as wise and strong. These powerful words from St. Paul remind us that God works through those whom the world views as unimportant and weak. Today, we are called to be humble and trust that He can use us in ways we may never expect.

In the Gospel, Jesus calls us to embrace the path of the Beatitudes, which emphasizes qualities like humility, gentleness, mercy, purity of heart, and being peacemakers. Following this path may present challenges that test our faith, but we find comfort in the assurance that Jesus is always with us, guiding us through every situation. His presence is the source of our happiness.

**Reflective question:**

**How do the readings today challenge my way of living in a society that promotes power, status, and self-promotion?**

Prayer for Living for Liturgical Year A by Verbum Dei Missionaries, Singapore

# Queen of Peace Parish

## CHINESE NEW YEAR MASS SCHEDULE Chinese New Year Eve (Monday 16 Feb)

One Mass only at 12.15pm  
NO EVENING MASS



## 1st Day of Chinese New Year (Tuesday 17 Feb):

8.00am (M) and 10.00am (E)

*\*Blessed mandarin oranges will be distributed \**

NO EVENING MASS

## Ash Wednesday Mass Schedule

(Wednesday 18 Feb) PH

9.00am and 12.15pm (E) NO CHINESE MASS



## COLLECTION OF OLD PALMS

Please deposit your palms at the collection boxes located outside Queen of Peace Hall.

Kindly remove the carrier bags before depositing them in the boxes.



# Other Announcements

## Helping You Find Peace, Power & Passion After Your Divorce

Organised by Catholic Divorce Support Group. This 12-week DVD-based programme offers a safe and supportive space for healing, reflection, and hope. Guided by video presentations from priests, theologians, and teachers, the programme helps participants cope during this difficult season and gently leads them and their families back to God's divine mercy and love.

Every Thursday from 26 February to 28 May 2026

8pm - 10pm

Church of the Holy Spirit

\$60 per person

## Marriage Encounter 47th Anniversary Mass

2 May 2026

Church of Our Lady of Perpetual Succour

From 10.10am followed by light refreshments

Register via QR code or [tinyurl.com/wwmesg57](http://tinyurl.com/wwmesg57)

Registration closes 31st Mar 2026



## ONE's Lent to Easter Reflection Booklet - Be Holy, For I Am Holy

Through Scripture, reflections, and questions for personal and group use, the Office for the New Evangelisation's combined Lent to Easter Reflection Booklet supports individuals, families, ministries, and communities as we journey inward to receive God's love more deeply, and outward to share that love with others. Our Lenten practices do not end with Lent, but continue into Easter, where we renew our baptismal call to live as God's holy people.

Get your copy by scanning the QR code or visiting [one.org.sg](http://one.org.sg).



# Queen of Peace Parish

## FEAST OF THE PRESENTATION OF THE LORD & BLESSING OF CANDLES—2ND FEBRUARY 2026

There will be blessing of candles at **both Masses at 12.15pm and 6.30pm on Mon 2nd Feb**. If you wish to have your candles blessed, please write your names on your carrier bags and place them on the table in front of the altar. Remember to collect your candles after Mass.



## IMPORTANT ANNOUNCEMENT: ADORATION ROOM CLOSED

Please note the Adoration Room will be closed on **Tuesday 3rd Feb (whole day)** for aircon installation.

## CATHOLIC NEWS IS HERE!

Inside: New Kids' Pages and The Editor's note to parents; CJC's move to Punggol; Fr Cyril Lee celebrates 60 years. Grab your copy today!

## FIRST FRIDAY DEVOTION TO THE SACRED HEART

First Friday Devotion prayers in honour of Sacred Heart will be recited at **12.00noon and after evening Masses on 6th Feb 2026**.

## GOD THE FATHER DEVOTIONAL PRAYERS

Saturday 7th February 2026 at 7.30pm  
in Room 3.3 House of David.

All are welcome

**FORMED**, a digital platform, supports your spiritual journey anytime, anywhere and wherever you're at in your growth. FORMED is available to parishioners for FREE by our parish subscription.

**For parishioners who do not have an account with FORMED yet, register as follows:**

1. Go to [formed.org/signup](http://formed.org/signup)
2. Enter your email and click "Next"
3. Enter your name, agree to the Terms of Use, and click "Sign Up"
4. Select your parish "Our Lady Queen of Peace, 4 Sandy Lane, Singapore" then click "Sign Up"
5. You will then be taken to the main Formed site and should be automatically signed in and be able to access all the content

**For parishioners who have previously accessed**

**FORMED:**

Go to [formed.org](http://formed.org)

1. In the upper right corner, select "Sign In."
2. If you are already actively logged on, you will be brought to the main Formed site.

If you are not logged on, the system will invite you with a password or 6-digit code, sent via email.

Send any feedback to [faye\\_yeoh@yahoo.com](mailto:faye_yeoh@yahoo.com).

## Infant Baptism

Next scheduled infant baptism will be **Sat, 11th April 2026** Please submit application form together with pre-requisite documents to Parish Office. For details, please contact Parish Office.



## Wedding

Arrangements for a Church Wedding should be made at least **12 months in advance** with the Celebrant. For enquires, email: [admin@queenofpeace.sg](mailto:admin@queenofpeace.sg)

## Funeral & Wake Hall Booking

Please contact Secretariat re availability of Priests, Prayer Halls and Church before making arrangements for funeral Mass, burial, or cremation.