

四旬期第五主日

17/03/2024

在基督身上，我们也看见我们都是美善及为美善而受造的。在《创世纪》的创造史中，当天主完成了创造之后，「天主看了祂所造的一切，认为样样都很好」（创一31）。因此，我们每一个人都有为善的潜能，但我们必须努力发挥这潜能，使它成为事实。今天，我们看见了耶稣如何在十字架上完整地实现他的潜能，以致每一个人都可以同那位百夫长一起宣扬：「这人实在是一个善人」（路廿三47）；「这人真是天主子」（谷十五39）。在我们的美善中，当我们将自己完整的潜能实现出来时，我们也要满全作为基督徒的意愿，即成为天主圣善的儿女。

和平之后堂

堂区通讯

每月第三主日第二次捐献：为教区关怀基金筹款，以帮助有需要援助的人。请慷慨解囊。你可以选择定期捐献，请上网catholicfoundation.sg了解详情。

东区忏悔礼：3月18日（星期一），圣家堂，10.30 am 和 8 pm；3月19日（星期二），上主慈悲堂，10.30 am 和 8 pm；3月20日（星期三），圣斯德望堂，8 pm；3月21日（星期四）和平之后堂，8 pm。

圣枝主日（3月24日，星期日）：在弥撒举行时，将有祝圣圣枝。请大家在进入教堂前，在餐厅前索取圣枝。

圣周礼仪时间：3月28日（星期四）当天没有 1215 hrs 弥撒，晚上7 pm - 主的晚餐（双语弥撒）。3月29日（星期五）9 am - 苦难礼仪（华语），1200 noon 和 3 pm（英语）。当天须守大小斋。3月30日（星期六）当天没有早上弥撒；晚上7.30 pm - 复活前夕弥撒（双语弥撒）。

慈善周2024年：请支持总教区每年主办的筹款项目 — 2024年慈善周。请索取一个慈善周信封，慷慨捐助。您可将您的捐款寄至新加坡明爱（仅限于支票、现款不可邮寄）或将信封投入圣堂的献礼箱里。捐款\$10或以上可获得250%税务回扣。您的捐献将会改善受益者的生活。欲知详情，请拨电 68017400 或上网 www.caritas-singapore.org 查询。

婴孩领洗：将在4月6日（星期六）举行。你可在秘书处索取申请表格。

教委2024四旬期宣道会：主题：如何在克制、服侍、遵行、宽恕和补赎中，为圣言作见证。日期：2月21日~3月20日，每个星期三，时间：7.45pm~9.45pm；地点：圣雅丰索堂，2月21、2月28日、3月6日；圣伯纳德堂，3月13日和 3月20日。鼓励教友或还未信主的朋友参与，让我们在四旬期间，准备圣洁的心灵，更新生活，为圣言作证。

2024年神圣慈悲主日弥撒与讲座：日期：4月7日（星期日），时间：2:00PM - 4:00PM，地点：和平之后堂。主题：“刺开的肋旁，慈悲的海洋”。主祭：杨德成神父，主讲：张利勇神父。形式：讲座、慈悲串经慈悲时刻祷文、求恩、感恩祭。主办：新加坡神圣慈悲团。



CHURCH OF OUR LADY QUEEN OF PEACE

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MASS SCHEDULES

Saturday Sunset : 5:00pm

Sunday : 7.30am (Mandarin), 9:15am,
11am and 5.00pm (English).

Weekdays : 12:15pm & 6:30pm

Public Holiday : 9:00am.

Novena Devotion:

Saturday at 4:15pm.

Sacred Heart Devotion:

1st Friday of the month at 8pm

Adoration Room :

Open/Close: 10am to 9pm

Readings:

Sunday

Mar 17
Jer 31, 31-34;
Hebr 5,7-9;
Jn 12,20-33

Monday

Mar 18
Dan 13, 1-9
Jn 8, 1-11

Tuesday

Mar 19
Num 21, 4-9
Jn 8, 21-30

Wednesday

Mar 20
Dan 3, 14-20
Jn 8, 31-42

Thursday

Mar 21
Is 7, 10-14
Jebr 10, 4-10;
Lk 1, 26-38

Friday

Mar 22
Jer 20, 10-13;
Jn 10,31-42

Saturday

Mar 23
Ez 37,21-28;
Jn 11, 45-56

Going downwards

“In all truth I tell you, unless a wheat grain falls into the earth and dies...” The path of discipleship is walking the same path of Jesus, which implies dying to our “I”, our self-centeredness that seeks personal glory, power, recognition and popularity. Our world encourages us to be selfcentred, rewarding strength, power, self-sufficiency, popularity and success. But Jesus calls us to imitate Him by going the opposite, not 21 climbing upwards but falling downwards. He calls us to become the grain of wheat that falls and dies to self in order to live selflessly for others. Jesus calls us to be disciples imitating Him, not admirers admiring Him from afar. As we journey in this Lenten season, let us not simply be content to give up on our favourite snacks but also give up on our tendency to be preoccupied with ourselves. Today, let us humbly ask Jesus to give us the grace to be like Him and die to ourselves so that we can bear the fruit of love.

Reflective question: As I pray with the gospel passage, how is Christ inviting me to become a fruitful grain of wheat?

**Prayer for Living for Liturgical Year B by Verbum Dei Missionaries, Singapore*

Other Announcements

GIFT Contributions

This weekend, being the 3rd weekend of the month, there will be a 2nd collection for Catholic Foundation's GIFT (Giving in Faith & Thankfulness) program. Please bring your contributions or GIFT envelopes to drop them into the collection bags. Visit catholicfoundation.sg to contribute online or find out more.

The Office for the New Evangelisation (ONE) has launched their

Easter Reflection Booklet: "Witnessing A New Life".

Let us delve deeper into the Word this Easter season and Witness a New Life in Christ!

Scan the QR code or visit bit.ly/ONE-Easter-2024 to download the booklet.



Easter Vigil – Why it is different from other nights:

Date: 22 March 2024 (Friday)

Time: 8:00 pm – 10 pm

Venue: La Salle House, 490 East Coast Road, Singapore 429058

Love offering: \$10 per student; \$20 per adult

For more info/to register: <https://forms.gle/6COG2iPkHdDZg9768>



Holy Week Retreat / Paschal Triduum

28-31 March 2024 @LaSalle House

Drawn by a Love that will not let us go. We celebrate this Paschal Triduum by remembering the gift and witness his faithfulness in this total act of self-giving. In the process, we hope to discover the meaning and relevance of his passion, death and resurrection in our lives. This is a stay-in & silent retreat facilitated by Cenacle Srs & Team.



PIETA is a support group for bereaved parents who have united in faith to seek God's comfort, wisdom and hope. A monthly session, run by bereaved parents, is held to pray, reflect and break open the WORD OF GOD.

The next session on **Tues 26 March 2024 will be on Zoom and will be from 7:30pm to 9:15pm.** If you wish to join us, please email us directly at pieta.singapore@gmail.com for the Zoom link.

Born to live freely!

Organised by the Verbum Dei Community

When: 10th April, Wednesday (Public Hols)

Time: 3 pm to 5 pm (Tea included)

Where: Verbum Dei Missionaries' House, 4 Sommerville Road Singapore 358228.

The event is free but registration is required as spaces are limited. <https://forms.gle/7pGSqzkPkpWG4YMf7> or email verbumdeipsore@yahoo.com.sg

ACTS S'pore June & July Mission Trips

This **June and July** there will be 4 mission trips to Kampot and Battambang in Cambodia, Laos and Vietnam.

Registration opens online from 2nd –24th March. Please note it is compulsory to attend the Mission Awareness session before your mission participation is confirmed.



Queen of Peace Parish

East District Penitential Service

Holy Family, Mon, 18 March—10.30am and 8pm
Divine Mercy: Tue, 19 March—10.30am and 8pm
St Stephen: Wed, 20 March, 8pm
Queen of Peace: Thu, 21 March, 8pm



Easter Triduum Mass & Service Times

28th Mar (Thurs) - 7pm (Bilingual)
29th Mar (Fri) - 9am (Mandarin), 12pm & 3pm (English)
30th Mar (Sat) - 7.30pm (Bilingual)

QoP RCIA 38 Journey

RCIA 38 at the Church of Our Lady Queen of Peace will commence **2 June 2024, every Sunday, 2.30-4.30 pm**, culminating in baptism on Easter Vigil, 19th April 2025.

We welcome you and your non-Catholic friends to journey with us. Contact Gregory Ho at 96430636.

Feast of Divine Mercy/Divine Mercy Sunday 9-Day novena to Divine Mercy

When: Monday 1st—Friday 5th April at 3pm

Venue: Adoration Room

Special Prayers in honor of Divine Mercy

When: Sunday 7th April at 3pm

Venue: Room 3.1B House of David

Stations of the Cross

Every Friday after 12:15pm and 6:30pm Masses during Lent.



Silent Meditation before all weekend Lenten masses

The practice of meditation allows us to rest deeper in the truth, in the self and in the Mystery of God. Silent Meditation begins **20 minutes before all weekend Lenten masses.**



Infant Baptism

Next scheduled infant baptism will be **Sat, 6th April 2024.**

Please submit application form together with prerequisite documents to Parish Office. For details, contact Parish Office at 67442879 or email: admin@queenofpeace.sg for details

Wedding

Arrangements for a Church Wedding should be made at least **12 months in advance** with the Celebrant. For enquires, email: admin@queenofpeace.sg

Funeral & Booking of Wake Hall

Please contact Secretariat re availability of Priests, Prayer Halls and Church before making arrangements for funeral Mass, cremation or burial.