

圣体圣事是一个极其美好的珍宝，我们应该常常默想这个独一无二的恩典：耶稣把自己整个地献给了我们，服侍我们，祂不仅为宗徒们洗脚，更将自己献了出来，作为我们的食物和饮料。祂没有比这更完美的方法来服侍我们的了。

圣体圣事是基督徒生活的泉源和最高峰，因为圣体圣事将耶稣对我们的爱淋漓尽致地显示出来，让我们每一个人都能看到。圣体圣事不是一般的举动，而是耶稣借以与我们每人做最亲密个人接触的举动。这一切都令我们欢欣，都使我们感恩，我们的整个生命也因此而受到鼓舞。

**和平之后天主堂**

**堂区通讯**

**第一主日第二次捐献—圣文生互助会基金：请大慷慨解囊。**

**恭贺：**新晋铎司铎 Frs Bernard Tng, Marcus Chew, Kevin Wee and Eugene Chan. 愿你们的圣召结出丰硕的果实，带来平安、希望与仁爱。

**基督圣体圣血节游行(Corpus Christi Procession)：**将在 6月7日(星期日)下午 5时举行。本堂停车场将关闭。敬请将车辆停放在 Kinex、City Plaza 或 Haig Road HDB Car Park 停车场。

**通告— 星期六早上英语弥撒：**从5月30日(星期六，常年期第八周)开始，将于早上7时30分举行英语弥撒。该弥撒为当天的平日弥撒，而不是主日弥撒，因此不能履行主日弥撒的本分。

**婴孩领洗：**将在7月4日(星期六)举行。你可在秘书处索取申请表格。

**和平之后堂宣读员交流会：**日期：6月14日(星期日)时间：9.15-10.45 am。地点：达味楼3.2 课室。邀请所有宣读员出席这次的交流会，探讨宣读员的职务、在弥撒中的程序和交流分享心得。

**圣体员委任礼：**6月14日(星期日) 7.30 am 华语弥撒中，将有7位圣体员接受委任。敬请为他们祈祷。

**华文成人慕道团/新的慕道旅程：**新的慕道旅程在7月2日开始，每逢星期四晚上 7:45-9:30。询问/报名：玛丽亚 98334590、蔡梅卿 9668 1954。

**公开讲座：**主题：与主同行 • 不要害怕。日期：6月28日(星期日)，时间：1:00PM - 5:00PM，地点：圣若瑟堂(武吉智马路上段)。报名：无需报名。形式：敬拜赞美、弥撒圣祭、圣体治愈、见证。主持：张思谦蒙席。圣若瑟堂华委主办、圣安多尼堂神恩复兴团体协助。联络：玉莲 (94524234)、秀美 (91547689)。

**活动一退省日：**主题：“祢是我的朋友：体验天主的奇妙拥抱”日期：7月4日(星期六)，时间：9:00AM - 6:00PM，地点：圣依纳爵堂，Kingsmead Centre (位于圣堂后面)。报名：链接 <https://bit.ly/dorchinese2026>。报名费：献仪：\$25.00。专为华文团体主办的一日避静：(1) 7月4日或 (2) 7月18日。主持：耶稣会士，林桓神父 Fr. Emanuel Lim。



Parish Priest: **Fr Shaun Lim** 6744 0347  
shaun.lim@catholic.org.sg  
Asst Parish Priest: **Fr Francis Lee** 6744 2397  
fsmlee@queenofpeace.sg  
Asst Parish Priest: **Fr Cornelius Ching** 6747 4401  
cornelius.ching@catholic.org.sg

**MASS SCHEDULES**

Saturday Sunset Mass: 5:00pm

Sunday Mass: **7.30am (Mandarin), 9:15am, 11am and 5.00pm (English).**

Weekday Masses: Mon—Fri: **12:15pm & 6:30pm**  
Saturday: **7.30am**

Public Holiday: **Mass at 9:00am.**

**Novena Devotion:**

Saturday at 4:15pm.

**Sacred Heart Devotion:**

1st Friday of the month at 12.00noon & after evening mass except during Lent  
**Adoration Room** :10am to 9pm

**Divine Mercy Chaplet:** recited after 6.30pm Mass every last Fri of the month.

**Readings:**

**Sunday**

7 June  
Deut 8:2-3, 14-16  
1 Cor 10:16-17  
Jn 6:51-58

**Monday**

8 June  
1 Kgs 17:1-6  
Mt 5:1-12

**Tuesday**

9 June  
1 Kgs 17:7-16  
Mt 5:13-16

**Wednesday**

10 June  
1 Kgs 18:20-39  
Mt 5:17-19

**Thursday**

11 June  
Acts 11:21-26, 13:1-3  
Mt 10:7-13

**Friday**

12 June  
Deut 7:6-11  
1 Jn 4:7-16  
Mt 11:25-30

**Saturday**

13 June  
Is 61:9-11  
Lk 2:41-51



**One bread, one body**

In the second reading from 1 Corinthians 10:16-17, St. Paul reminds us that the Eucharist is not only personal, but it is also communal: *“The blessing cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.”* Each time we receive Communion, we unite ourselves with Christ and with those around us. We cannot receive the Eucharist while dividing ourselves from others. The “one bread” calls us to seek unity, to bridge differences, to avoid gossip and division.

In the Gospel, Jesus says, *“I am the living bread...the bread that I shall give is my flesh, for the life of the world.”* Jesus gives Himself totally to us so that we may receive the nourishment necessary to build communion and live as one body, reconciled with God and with one another.

**Reflective question:**

**How can I strengthen unity rather than create division after receiving the Eucharist?**

*Prayer for Living for Liturgical Year A by Verbum Dei Missionaries, Singapore*

# Queen of Peace Parish



## Sunday canteen

This Sunday's canteen will be run by  
**Sparkle**

Come, connect and build relationships. Together we can foster a unique QOP atmosphere of joy, hospitality and fellowship.

## SATURDAY MORNING MASS

Starting from **Saturday 30th May (8th Week in Ordinary Time)**, there will be morning Mass in English at **7.30am**. *It will be the Mass of the day, not the Sunday Mass, so it does not fulfil Sunday obligation.*

# Other Announcements

## Assisi Fun Day 2026 (Free Admission)

Date: Sunday, 14 June 2026

Venue: St Joseph's Institution International (SJII), 19 Toa Payoh West

Organised by Assisi Hospice and co-hosted by City Developments Limited, Assisi Fun Day is a vibrant, family-friendly event and our biggest fundraiser of the year. All proceeds go towards delivering holistic, compassionate care for individuals facing the end of life, and supporting their families through their journey.

## Knowing Me, Knowing You

Communication breakdown, unresolved conflicts, parenting stress, and personality clashes—  
prevent these pitfalls by truly understanding your partner.

26 June 2026 (Fri) | 8pm-10pm | CANA St Mary, Level 3

\$20 per pax, \$35 for two

Register here via [https://www.familylife.sg/KMKY\\_Reg](https://www.familylife.sg/KMKY_Reg) or scan the QR code.



## MARRIAGE ENCOUNTER WEEKEND

A transformative Weekend experience for married couples who want to get more out of their relationship and desire a richer, fuller life together.

2026 Stay-In Weekends:

Jul 3-5 | Aug 28-30 | Oct 2-4 | Nov 6-8 | Dec 4-6

Secure your Weekend: [https://www.wmesg.org/Weekend\\_Reg](https://www.wmesg.org/Weekend_Reg)



## A Spring Day for Our Dis-ease: Spirituality for Busy People

This weekend retreat offers a sacred pause.  
Discover the peace that your heart longs for

11-12 July 2026 at La Salle House (stay in retreat)

## Finding Peace in a Stressed-Out World

Discover the roots of stress, practical ways to build resilience and emotional balance, and how to move beyond coping towards flourishing

10 July 2026 (Friday) | 7:30pm - 9:30pm

St Joseph's Institution International, High School Assembly Hall

Fee: Love offering

Register at [familylife.sg/findingpeace](http://familylife.sg/findingpeace) or scan the QR code



# Queen of Peace Parish

## CORPUS CHRISTI PROCESSION ON SUNDAY, 7TH JUNE AT 5PM

Carpark will be closed.

Kindly park at Kinex, City Plaza or Haig Road HDB parking.

## FORMED: "PRESENCE ....THE MYSTERY OF THE EUCHARIST"

To coincide with our celebration of Corpus Christi, we encourage Parishioners to access FORMED and view this beautiful video.

**Presence** explores the mystery of the Eucharist and shows how in this Sacrament God is really present to help and strengthen us at every step of life's journey. **Presence** invites us into a deeper, more intimate union with God. He is ready and waiting for us.

## YOUR "YES" IS A GIFT TO THE CHURCH



Frs Bernard Tng, Marcus Chew, Kevin Wee and Eugene Chan  
May your vocation bear abundant fruits of peace, hope and love.

## The RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

a journey to know the Catholic faith, is for anyone who is interested in becoming Catholic. *If you, or someone you know, wish to join, the new journey is starting this Sunday 7 June 2026 from 2.30-4.30pm.*

Catholics are invited to join the new journey as **sponsors**. You do not need to be an "expert" on Catholic teachings - just a faith filled Catholic willing to share your faith with someone who has responded to God's call to join the Church. To find out more, contact Gregory (9643 0636).



Do you know any Mandarin speaking person who is curious about Catholic faith?

## CHINESE RCIA

Begins on **Thu 2 July 2026, 7.45-9.30pm.**

For more information, please contact Noeline 96681954 or Maria 98334590

GOD THE FATHER DEVOTION  
Sunday 7th June 2026 at 7.30pm  
in Room 3.3 House of David.

All are welcome



## Infant Baptism

Next scheduled infant baptism will be **Sat, 4th July 2026** Please submit application form together with pre-requisite documents to Parish Office. For details, please contact Parish Office.

## Wedding

Arrangements for a Church Wedding should be made at least **12 months in advance** with the Celebrant. For enquires, email: [admin@queenofpeace.sg](mailto:admin@queenofpeace.sg)

## Funeral & Prayer Hall Booking

Please call 88493008 re availability of Priests, Prayer Halls and Church before making arrangements for funeral Mass, burial, or cremation.